

2011 Grief Support

Please Register in Advance - Call (903) 266-3400 x 127 or (800) 777-9860 (www.hospiceofeasttexas.org)



Monthly Support Groups are ongoing bereavement support groups, open to anyone coping with the loss of a loved one due to death. They provide a safe place to share experiences with others who are also working through grief. It is recommended that you attend a Grief Workshop prior to the support group if possible for the educational benefits. These groups meet at various times and locations within our service area; *Group times may be changed due to special events and Holidays.*

ONGOING MONTHLY SUPPORT: Location <i>* Exceptions: Contact the office for changes if the scheduled group date falls on a Holiday</i>	Date	Time
Athens: 1 st Baptist Church, 105 S. Carroll St., ROC Bldg.	1 st Friday	10:00-11:00
Gladewater: 1 st Methodist Church, 217 W. Quitman @ Ferry	2 nd Thursday	2:00-3:00
Henderson: 1 st Methodist Church, 204 N Marshall, 3 rd floor by elevator	1 st Tuesday	10:00-11:00
Jacksonville: 217 E Commerce, Suite E	4 th Tuesday	5:30-6:30
Marshall: Tx State Technical College, Admin Bldg 2650 E End Blvd, S	1 st Thursday	2:00-3:00
Palestine: Bethlehem Lutheran Church, 1515 S Loop 256	1 st Tuesday	3:00-4:00
Quitman: 1 st Baptist Church, 301 E Lane (Meet in Family Life Center, 1 st room on left)	2 nd Tuesday	11:00-12:00
Troup: 1 st Methodist Church, 202 E Duvall	1 st Thursday	6:00-7:00
Tyler: Hospice of East Texas, Pat Oge' Center, 4111 University Blvd.	3 rd Thursday Loss of Spouse	3:00-4:00
Tyler: Meadow Lake Senior Living Community, Laurel Auditorium at the Apt. Bldg, 16044 CR 165 (off Old Jacksonville Highway S., just before Loop 49) Contact the Bereavement Department for the 2012 locations & times.	1 st Monday December 5	6:00-7:00

"COPING DURING THE HOLIDAYS" WILL BE THE TOPIC IN OUR NOVEMBER & DECEMBER SUPPORT GROUPS.

Grief Workshops are small, confidential groups, led by a trained facilitator with focus on education about the normal grief process, and provide opportunities to share coping strategies. They are scheduled in various locations within our service area, and can be requested in your community. There is no charge for participation; **registration is open up to the 2nd session.**

GRIEF WORKSHOPS: Location	Date	Day	Time
Tyler: Pat Oge' Center at The Hospice of East Texas, 4111 University Blvd	Nov 7 to Dec 12	Mondays	2:00-3:30

***In the event of an insufficient number of registrants, all offerings are subject to cancellation.
Please note that one-on-one consultation is an option for families of patients on our service.***

Our **Wings Program** offers grief education and support to help children and families. Limited individual support, facilitated group support, experiential activities, and peer groups create a climate of acceptance and validation for grieving children and families who are healing after loss. Contact the Bereavement Dept for requested needs.

Community Grief support through educational in-services and presentations, one-to-one consult, counseling, support, resource, referral, mail, and telephone support is available on a limited basis. . Please call for specific community requests.

Written materials & resources are available in our bereavement lending library at the Center for Living.